

RESEARCH CHALLENGE 2024

Practice-based, patient-oriented research training program for direct care providers



BC MENTAL HEALTH
& SUBSTANCE USE SERVICES
Provincial Health Services Authority

Are you a BCMHSUS direct care provider interested in research?

- ✓ Do you have a **practice-related question**, but have limited experience in research?
- ✓ Are you interested in **patient-oriented research**, but would like some guidance?
- ✓ Are you enthusiastic about applying evidence to **improve clinical practice**, but are not sure where to start?
- ✓ Do you want to conduct research to **address a knowledge or practice gap**?

Apply for a chance to receive a \$5,000 grant!

bcmhsus.ca/research-challenge

bcmhsus_research@phsa.ca

WHAT is the Research Challenge?

Participants form research teams apply for funding to conduct a small scale practice-based, patient-oriented research study over a 12-15 month period. Teams will receive:



Education

in literature searches, research methods, ethics, budgets, project management, and knowledge translation & exchange



Mentorship

to provide guidance throughout the research process



Partnership

opportunities to meaningfully engage with people with lived and living experience & expertise throughout the duration of the research project



Funding

of up to \$5000 to cover research costs

WHY participate?

As a direct care provider, you may be familiar with research evidence & application, but may not have the capacity, time, or resources to engage or develop these skills

You can bring your clinical experience and expertise to generate meaningful and relevant research questions to improve practice and patient experience

Working in partnership with a mentor & people with lived/living experience to undertake research where you are the end user allows you to fully participate in the cycle of moving research into practice

What is Patient-Oriented Research?

- Patient & family engagement enables the production of research findings that are **relevant**, **accessible**, and **catered** to the target patient population
- Also known as **patient & family partners**, people with lived/living experience of mental health and substance use challenges, forensic services, and/or incarceration are able to be **directly involved** in the research process, from planning the research question to presenting findings, rather than as study “subjects”

